First Baptist School

“Return-To-Learn” Protocol and Procedures

Established August 2018

Purpose: To ensure that students who have sustained concussion or other head injuries are being evaluated by the academic teachers and administration prior to returning to physical activity in school-sponsored athletics or extra-curricular activities.

Procedure:

1. Student sustains an injury and is evaluated by medical personnel
2. Coach/trainer/sponsor notifies the athletic director and/or school administration
3. School administration notifies student’s teachers of injury
4. Student returns to school when able
5. Teachers will observe student in class and on campus, noting any of the behaviors listed below
6. If the student can complete one full day of school without complications, he/she will be released to the training staff to start the return to play protocol
7. If, at any time, the teachers notice the student having symptoms, they should immediately notify the administration. The administration will notify the athletic department and training staff to shut the student down from athletics or return to play protocol.
8. The student must be at school and symptom-free for one full school day before re-starting the return-to-play protocol
9. Authorized medical personnel will begin return-to-play protocol with student
10. Student is only released to play with written approval from a doctor

Symptoms/warning signs of concussion-related injury

1. Difficulty staying awake in class
2. Headaches
3. Sensitive to light/sound
4. Irritable/combative
5. Depressed
6. Nauseous
7. Head fogginess, blurry vision
8. Other behaviors not normally seen in the individual

ALL COMMUNICATION AND NOTIFICATIONS SHOULD BE THROUGH EMAIL